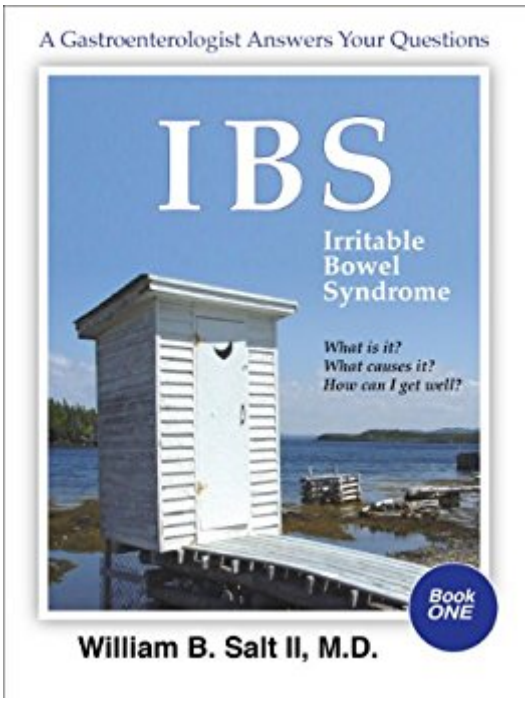
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IBS Irritable Bowel Syndrome A Gastroenterologist Answers Your Questions: What Is It? Why Do I Have It? How Can I Get Well?



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Synopsis

Written by an M.D. gastroenterologist and IBS expert, this ebook integrates the latest medical science and understanding of IBS with a whole being and mind/brain - body/gut approach to diagnosis and treatment. It is Dedicated to You, the Patient.Ã¢â ¬Å“IF YOU HAVE IBS, you'll find the answers to three questions on a short journey through this ebook, which includes 90 photographs and illustrations to help you see and understand clearly:What is it?What causes it?How can I get well?AND, IBS is one of over 30 Functional GI Disorders (FGIDs), including heartburn that does not respond to treatment with powerful acid reducing drugs, upper abdominal pain (epigastric pain and/or dyspepsia) unresponsive to ulcer treatment, and abdominal bloating (with or without abdominal enlargement, called distention). IBS and FGIDs are all interrelated and commonly occur together. They share common causes.SO this ebook will help if you suffer with any FGID.AND, most patients with IBS and other FGIDs also have one or more symptom syndromes, such as fibromyalgia, fatigue, headaches, back pain, and interstitial cystitis (painful bladder). Medical tests are usually normal. Nevertheless, these diseases are real. They are not imagined, and they are not mental illnesses. They are all interrelated and share common causes. SO this ebook can help.This ebook was written for patients of the Ohio Gastroenterology Group in Columbus, Ohio. but it is now available in online bookstores. The ebook will be continually updated.Ã¢â ¬Â•

Book Information

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Customer Reviews

This is a short book that has given me more information than I've received in longer books. It's obvious that Dr. Salt II has worked in this area for many years, as he pin points problems associated with IBS that other doctors, whether they are authors or your ordinary gastrointestinal specialist, seem to miss. This little book has eased my mind because it made it clear that the symptoms IÃƒÂ¢Ã â ¬Ã â„¢m experiencing really are normal for people with IBS. I kept thinking that perhaps something else was wrong because of the severity and seemingly of, and odd symptoms. Thanks, doc!

Excellent writing and very helpful and educating. Thank you!

Lots of information made easy to understand.

excellent

A very useful and practical way for IBS patients to get information and guidance for such a complex and challenging disease

Easy read finally answers to why I feel the way I do.

I have IBS-D, and was hoping this would have new info. I honestly have to avoid most vegetables when in a flare. This book ignores that aspect. Also, I have found that a high fiber juice helps. Fiber supplements just cause me problems. The doctor here is correct that in the end, you have to try different things to find what works for you.

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Conquering Irritable Bowel Syndrome: Essential Tips to Prevent, Manage, and Eliminate IBS Forever (Irritable bowel syndrome, Irritable bowel, IBS, IBS diet, stomach problems Book 1) IBS

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